News Letter #3



Visit our Website for Past News Letters & More Information www.lakeshoreheights.beach.mb.ca Email us lakeshoreheightsmb@gmail.com



Visit <u>www.lakefriendly.ca</u> for information on being Lake Friendly and to find out more on what is happening.

Lake Winnipeg will only be saved if we all do our part. It is time for us to develop a whole new relationship with our water. There are two ways to deal with this problem: 1) reduce the amount of nutrients entering our waterways and 2) recover the nutrients at the shorelines.

In addition to inadequate sewage systems, other sources of phosphorus include lawn fertilizers, manure on agricultural land and detergents. Any phosphorus that is not used by plants gets washed off the land and into the water system which ultimately drains into Lake Winnipeg. Any phosphorus going down your drain has the same fate. Dishwasher detergents are the worst! In aquatic systems, too many nutrients, especially phosphorus, cause excessive algal growth. When algae die, their decomposition uses up oxygen in the water and other living organisms, such as fish, suffocate and die.

All levels of government, leaders in the business community, the science community, the agriculture industry and other jurisdictions beyond Manitoba are working on innovative solutions to protect our waters. In the coming months and years you will hear much more about the projects that are underway.

BEAR SMART...Here are some simple suggestions on how you can be Bear Smart:

• Never approach or crowd a bear – admire it from a safe distance.

• Never feed a bear, whether intentionally or inadvertently – it's unwise and unlawful if it creates a hazard to people and property. Homeowners, cottagers and campers can discourage bears by handling food responsibly, clean BBQ's after every use, and always dispose garbage in secured area.

• Remove bird feeders between April & October

If a threatened bear charges:

- Stand your ground, be non-threatening.
- Talk to the bear in a calm voice.
- When the bear has moved off, proceed on your way.
- If you are having a problem with bears, contact Manitoba Conservation Grand Beach office 204.754.5040



🏴 Please check our website & bulletin boards for info & events...

Visit our website <u>www.lakeshoreheights.beach.mb.ca</u> click **IMPORTANT LINKS** or **NEWS LETTERS & NOTICES** For more information on Bear, Lake Friendly, How do I disinfect my well, Emergency Measures General Preparedness Brochures & Downloads, Emergency phone Numbers quick reference list and more.

Don't trim trees near power lines... Before you trim or remove a tree from your yard, make sure there are no power lines new nearby. If you have a tree that's growing into a power lines do not prune or remove it yourself. Trees are electrical conductors and you could get a shock. Phone Manitoba Hydro **1.888.624.9376** to report it. Only qualified tree trimmers should trim trees growing into or near power lines. (REF MB Hydro Tip Vol13, No7)



A big Thank-you Lindsay & Ainslie for Hosting this event.

We lucked out with the weather ... It was a lot fun and next year will be even better!



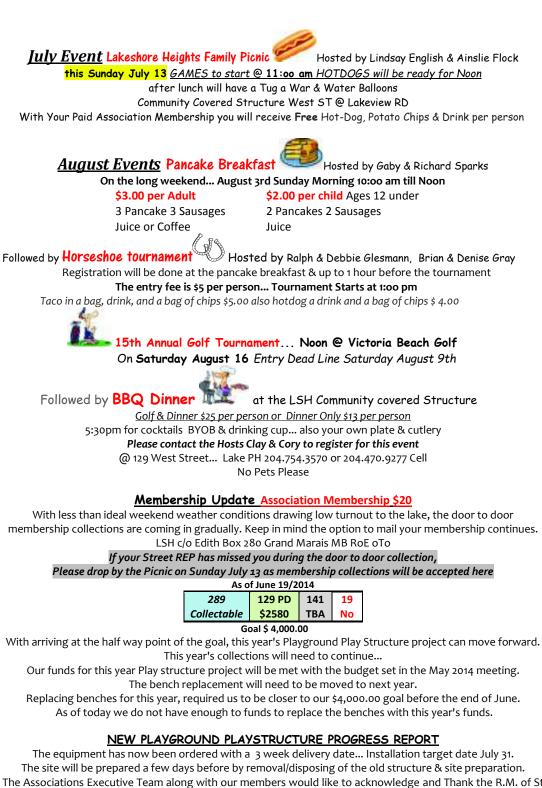
Would you be interested in **Outdoor Classes**, Right here in Lakeshore Heights Join Demetra class every **Saturday Morning starting JULY 5th @ 10 am**

Adult Cost \$ 10 ... Seniors Pay what you can...

All Yoga Skill Levels are Welcome

Rain or Shine at the Covered Community structure West ST & Lakeview RD

Interested in Week Day Classes... Mondays 11 am /Wednesdays 1 pm... if interest comes in...the class will be there! Please RVSP to our association email... will be appreciated, as it gives a Heads Up for the expected class count



The Associations Executive Team along with our members would like to acknowledge and Thank the R.M. of St Clements for their assistance with this project... Their involvement has reduced the cost of this project. Also to the LSH Members who have stepped forward to help with the site preparation at the end of July.

This Month's Recipe Avocado Dressing

1 large avocado 2 teaspoons fresh lemon juice 1/2 cup Greek yogurt 1 teaspoon Hot sauce 1/4 cup extra virgin olive oil 2 garlic cloves 3/4 teaspoon salt

Should you have any crime information or have seen suspicious activity in our community Please contact the Grand Marias R.C.M.P detachment 204.754.3494